

The Gingerbread House Childcare Center Menu

August 2022

<p>Ham Wrap Peas Blueberries Milk</p> <p><u>PM Snack</u> Graham Crackers Milk</p>	<p>Chicken Patty Sweet Potato Fries Apple Milk</p> <p><u>PM Snack</u> Rice Cakes Milk</p>	<p>Home Made "Lunchable" Cheese, Pepperoni, Crackers Carrot Sticks Banana Milk</p> <p><u>PM Snack</u> Animal Crackers Milk</p>	<p>Ravioli with Meat Sauce Salad Garlic Bread Peaches Milk</p> <p><u>PM Snack</u> Banana Milk</p>	<p>WW Pizza Wax Beans Clementine's Milk</p> <p><u>PM Snack</u> Goldfish Milk</p>
<p>Bologna Sandwich Carrots Blueberries Milk</p> <p><u>PM Snack</u> Watermelon Milk</p>	<p>Pulled BBQ Chicken Sandwich Peas Banana Milk</p> <p><u>PM Snack</u> Cheese & Crackers Milk</p>	<p>Pita Wedges with Hummus Cheese Cubes Cucumber Spears Applesauce Milk</p> <p><u>PM Snack</u> Cantaloupe Milk</p>	<p>Buttered Egg Noodles Baked Beans Corn Peaches Milk</p> <p><u>PM Snack</u> Banana Milk</p>	<p>Stromboli Green Beans Fruit Cocktail Milk</p> <p><u>PM Snack</u> Goldfish Milk</p>
<p>Cheeseburger Salt Potatoes Blueberries Milk</p> <p><u>PM Snack</u> Rice Cakes Milk</p>	<p>Sweet & Sour Chicken Rice Wax Beans Banana Milk</p> <p><u>PM Snack</u> Trail Mix Milk</p>	<p>Cheese stick wrapped in Turkey Crackers Peas Pears Milk</p> <p><u>PM Snack</u> Pretzels Milk</p>	<p>Pasta Salad Green Beans Watermelon Milk</p> <p><u>PM Snack</u> Cheese & Crackers Milk</p>	<p>Garlic Cheesy Strips Garden Salad Apple Milk</p> <p><u>PM Snack</u> Goldfish Milk</p>
<p>Turkey & Cheese Sub Sliced Carrots Blueberries Milk</p> <p><u>PM Snack</u> Rice Cakes Milk</p>	<p>Chicken Sandwich Cucumber Spears Peaches Milk</p> <p><u>PM Snack</u> Trail Mix Milk</p>	<p>Greek Yogurt Banana Bread Wax Beans Pears Milk</p> <p><u>PM Snack</u> Banana Milk</p>	<p>Macaroni & Cheese Peas Applesauce Milk</p> <p><u>PM Snack</u> Cantaloupe Milk</p>	<p>WW Pizza Tomato/Cucumber Salad Pineapples Milk</p> <p><u>PM Snack</u> Graham Crackers Milk</p>
<p>Grilled Cheese Pita Sliced Carrots Tropical Fruit Salad Milk</p> <p><u>PM Snack</u> Graham Crackers Milk</p>	<p>Chicken Nuggets Bread Slice Corn Fruit Salad Milk</p> <p><u>PM Snack</u> Watermelon Milk</p>	<p>Yogurt & Pineapples with Cereal Green Beans Milk</p> <p><u>PM Snack</u> Goldfish Milk</p>		
<p><u>Monday Breakfast</u> Crisp Rice Applesauce Milk</p>	<p><u>Tuesday Breakfast</u> Muffin or Biscuit Fruit Cocktail Milk</p>	<p><u>Wednesday Breakfast</u> Crispix Mandarin Oranges Milk</p>	<p><u>Thursday Breakfast</u> Bagel Pears Milk</p>	<p><u>Friday Breakfast</u> Kix Peaches Milk</p>

Milk will be served during lunch with children up to 24 months receiving whole milk and all other children will receive 1%.

Infants and Toddlers: Raw vegetables will be substituted with a cooked vegetable. **Menu is subject to Change**

The Gingerbread House Childcare Center **6-12 month** Menu

August 2022

Week of 8/1- 8/5	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Diced Ham Peas Blueberries	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Chicken Green Beans Applesauce	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Diced Turkey Sliced Carrots Banana	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Ground Beef Peas Peaches	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Wax Beans Mandarin Oranges	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 8/8-8/12	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Cottage Cheese Sliced Cooked Carrots Blueberries	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Chicken Peas Banana	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Yogurt Wax Beans Applesauce	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Baked Beans Sliced Carrots Peaches	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Green Beans Fruit Cocktail	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 8/15-8/19	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Cottage Cheese Sliced Carrots Blueberries	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Chicken Wax Beans Banana	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Diced Turkey Peas Pears	Breast Milk or iron-fortified formula Pita Bread Peaches

Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Diced Ham Green Beans Watermelon	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Sliced Carrots Applesauce	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 8/22-8/26	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Diced Turkey Carrots Blueberries	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Chicken Green Beans Peaches	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Greek Yogurt Wax Beans Pears	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Cottage Cheese Peas Applesauce	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Green Beans Pineapples	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 8/29- 8/31	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Cottage Cheese Sliced Carrots Tropical Fruit Salad	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Chicken Peas Fruit Salad	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Yogurt Green Beans Pineapples	Breast Milk or iron-fortified formula Pita Bread Peaches

Depending on an infant's growth, development and eating habits:
 Solid foods are gradually introduced around 6 months of age.
 All solid foods must be pureed, mashed or chopped to appropriate consistency.

House Formula Provided: Tippy Toes by Topcare Premium Infant Formula with Iron
 Parent's Choice Infant Formula with Iron
 Wegman's Premium Infant Formula with Iron

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