

The Gingerbread House Childcare Center Menu

September 2022

			<p>Yogurt & Pears With Cereal Cucumber Spears Milk</p> <p><u>PM Snack</u> Apple Milk</p>	<p>WW Pizza Salad Banana Milk</p> <p><u>PM Snack</u> Goldfish Milk</p>
<p>Daycare Closed</p> 	<p>Turkey Wrap Carrots Blueberries Milk</p> <p><u>PM Snack</u> Cheese & Crackers Milk</p>	<p>Pita Wedges with Hummus Cheese Cubes Cucumber Spears Applesauce Milk</p> <p><u>PM Snack</u> Cantaloupe Milk</p>	<p>Buttered Egg Noodles Baked Beans Corn Peaches Milk</p> <p><u>PM Snack</u> Banana Milk</p>	<p>WW Pizza Green Beans Fruit Cocktail Milk</p> <p><u>PM Snack</u> Goldfish Milk</p>
<p>Bologna & Cheese Sandwich Corn Banana Milk</p> <p><u>PM Snack</u> Rice Cakes Milk</p>	<p>Sweet & Sour Chicken Rice Wax Beans Clementine's Milk</p> <p><u>PM Snack</u> Trail Mix Milk</p>	<p>Cheese stick wrapped in Turkey Crackers Peas Pears Milk</p> <p><u>PM Snack</u> Pretzels Milk</p>	<p>Pasta Salad Green Beans Watermelon Milk</p> <p><u>PM Snack</u> Cheese & Crackers Milk</p>	<p>Garlic Cheesy Strips Garden Salad Apple Milk</p> <p><u>PM Snack</u> Goldfish Milk</p>
<p>Cheeseburger Salad Blueberries Milk</p> <p><u>PM Snack</u> Rice Cakes Milk</p>	<p>Chicken Sandwich Tomato & Cucumber Salad Peaches Milk</p> <p><u>PM Snack</u> Cantaloupe Milk</p>	<p>Greek Yogurt Banana Bread Wax Beans Pears Milk</p> <p><u>PM Snack</u> Apple Milk</p>	<p>Macaroni & Cheese Peas Applesauce Milk</p> <p><u>PM Snack</u> Animal Cracker Milk</p>	<p>WW Pizza Green Beans Pineapples Milk</p> <p><u>PM Snack</u> Graham Crackers Milk</p>
<p>Grilled Cheese Pita Sliced Carrots Tropical Fruit Salad Milk</p> <p><u>PM Snack</u> Graham Crackers Milk</p>	<p>Chicken Nuggets Bread Slice Corn Peaches Milk</p> <p><u>PM Snack</u> Banana Milk</p>	<p>Yogurt & Pineapples with Cereal Green Beans Milk</p> <p><u>PM Snack</u> Goldfish Milk</p>	<p>Spanish Rice Sliced Carrots Blueberries Milk</p> <p><u>PM Snack</u> Pretzels Milk</p>	<p>Garlic Cheesy Strips Garden Salad Apple Milk</p> <p><u>PM Snack</u> Cheez Its Milk</p>
<p><u>Monday Breakfast</u> Toasted Oats Applesauce Milk</p>	<p><u>Tuesday Breakfast</u> Muffin or Biscuit Fruit Cocktail Milk</p>	<p><u>Wednesday Breakfast</u> Rice Chex Mandarin Oranges Milk</p>	<p><u>Thursday Breakfast</u> Bagel Pears Milk</p>	<p><u>Friday Breakfast</u> Life Peaches Milk</p>

Milk will be served during lunch with children up to 24 months receiving whole milk and all other children will receive 1%.

Infants and Toddlers: Raw vegetables will be substituted with a cooked vegetable. **Menu is subject to Change**

The Gingerbread House Childcare Center **6-12 month** Menu September 2022

Week of 9/1- 9/2	AM Breakfast	Lunch	PM Snack
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Yogurt Peas Pears	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Wax Beans Banana	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 9/5-9/9	AM Breakfast	Lunch	PM Snack
Monday	Daycare Closed	Daycare Closed	Daycare Closed
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Turkey Green Beans Blueberries	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Hummus Carrots Cantaloupe	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Baked Beans Peas Peaches	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Green Beans Fruit Cocktail	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 9/12-9/16	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Cottage Cheese Sliced Carrots Banana	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Chicken Wax Beans Mandarin Oranges	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Diced Turkey Peas Pears	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Diced Ham Green Beans Watermelon	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Sliced Carrots Applesauce	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 9/19-9/23	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Diced Ham Peas Blueberries	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Chicken Carrots Peaches	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Greek Yogurt Wax Beans Pears	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Cottage Cheese Peas Applesauce	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Green Beans Pineapples	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 9/26- 9/30	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Cottage Cheese Sliced Carrots Tropical Fruit Salad	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Chicken Peas Peaches	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Yogurt Green Beans Pineapples	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Ground Beef Sliced Carrots Blueberries	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Wax Beans Applesauce	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Depending on an infant's growth, development and eating habits:
Solid foods are gradually introduced around 6 months of age.
All solid foods must be pureed, mashed or chopped to appropriate consistency.

House Formula Provided: Tippy Toes by Topcare Premium Infant Formula with Iron
Parent's Choice Infant Formula with Iron
Wegman's Premium Infant Formula with Iron

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